

PASSPORT TO Wellness



Explore.
Learn.
Connect.

INVEST IN YOUR
WELLNESS!

ANNUAL HEALTH FAIR

THIS YEAR'S THEME:
PASSPORT TO WELLNESS

Join us for a morning of health, wellness,
and community!



DATE:
FRIDAY
SEPTEMBER 18,
2026



TIME:
9:00 AM –
11:00 AM



LOCATION:
RUTHERFORD COUNTY
SENIOR CENTER
193 Callahan Koon Road
Spindale, NC 28160

Take the next step toward a healthier you!
Mark your calendars and *invite a friend!*



HOW IT WORKS:

- 1 Check in at the Welcome Table.
- 2 Pick up your Passport to Wellness.
- 3 Visit each vendor listed on your passport and collect a stamp.
- 4 Turn in your completed passport at the Welcome Table.

VISIT • LEARN • COLLECT • WIN



PARTICIPATING VENDORS INCLUDE:

- Veterans Affairs
- Via Health
- Foothills Healthcare
- Rutherford Outdoor Coalition
- Serene Haven
- Spindale Fire Dept
- Rutherford Regional
- Pisgah Legal
- Fair Haven
- Four Seasons
- Partners Health
- Spindale Drug
- Hearing Life
- United Way
- Area Agency on Aging
- DSS
- Ivy Rehab
- EMS
- Library
- Sr. TLC Living
- SHIIP
- Wound Care
- Land of Sky Regional Council
- Grateful Grazing Goats

FREE EVENT!
OPEN TO
EVERYONE!