

Early Detection
Saves Lives! 



MAMMOGRAMS ARE COMING TO THE SENIOR CENTER!

Mammo on the Go, a Department of Pardee Hospital,
offers on-site convenience and state-of-the-art
3D breast imaging with quality care from
our expert team of female technologists.



DATE

TUESDAY, OCTOBER 20, 2026



LOCATION

RUTHERFORD COUNTY SENIOR CENTER

193 CALLAHAN KOON ROAD
SPINDALE, NC 28160



TIME

10:00 AM – 3:00 PM

Appointments are approximately 15 minutes.
Pre-registration is required. No physician order needed.

TO SCHEDULE YOUR APPOINTMENT,



CALL (828) 287-6413



To schedule your appointment,
visit **MammoOnTheGo.com**

Who is eligible?

**Patient requirements for mammogram
screenings include:**

- Must be 40 years of age or older
- Must have a referring provider to accept results
- Must not be pregnant or currently breastfeeding
- Must not have any new breast problems or concerns
- Must not have had a mammogram in the last 12 months
- Must be able to get on and off the bus independently

How do I prepare for my mammogram?

- Bring a photo ID, insurance card(s), and the name, address, and phone number of your provider.
- Be prepared to give the facility name and location of any previous breast imaging.
- Wear a two-piece outfit so that you can easily undress above the waist.
- Do not use any deodorant, powders, lotions, or ointments.

Mammograms are covered by most health insurance plans. Check with your insurance provider for exact coverage. Financial assistance is available for those who qualify. Call (828) 698-7306 for more information.